



The Villa Grapevine

November, 2020
Volume XLI No. 11

Villa Maria Nursing and Rehabilitation Community, Plainfield, CT

The mission of the Villa Maria is to provide outstanding care and support to our residents and their families in an environment that promotes their individuality.

Did You Know???

Wild turkeys can run 20 miles per hour when they are scared, but domesticated turkeys that are bred are heavier and can't run quite that fast.

The heaviest turkey on record, according to the *Guinness Book of Records*, weighs 86 pounds.

Thanksgiving is the reason for TV dinners! In 1953, Swanson had so much extra turkey (260 tons) that a salesman told them they should package it onto aluminum trays with other sides like sweet potatoes — and the first TV dinner was born!



The Villa Maria



Medicare 5-Star Facility



The proud recipient of the "Quality of Care Award"

For our wonderful residents, family members, volunteers, & friends of the Villa Maria.

Happy 
Thanksgiving



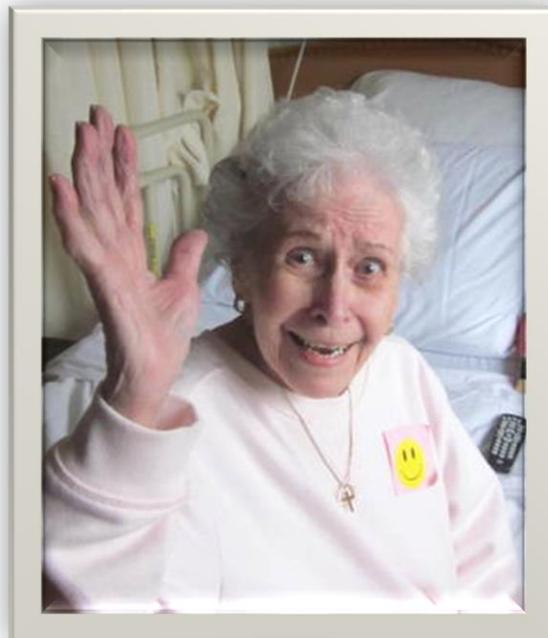
It's Daylight Savings Time



NOV. 1st

Don't forget to turn your clocks back one hour!!

Let our hearts be full of both Thanks and Giving...



Resident, Mary L., puts a smile on everyone's face with her cheery greetings.

HAPPY THANKSGIVING!

APPLE PIE
 BEANS
 BREAD
 CORN
 CRANBERRY SAUCE
 GRAVY
 HAM
 MASHED POTATOES
 MILK
 PUMPKIN PIE
 ROLLS
 SQUASH
 STUFFING
 SWEET POTATOES
 TURKEY



N S T U F F I N G I R L U N Y
 F G K D A E R B V G C A D Q E
 A B E A N S I L S O R Q G S K
 O G K E I P E L P P A P A E R
 N R O C M L W U Q D N G O O U
 U E J L X E S M S Y B Z O T T
 Z P U M P K I N P I E V N A Z
 H B O J I L C F A G R Y F T V
 N E M Y K U S L L O R Q K O X
 K S A B Y Q T Z H W Y P S P K
 T G H S A U Q S O R S J L T A
 G M A S H E D P O T A T O E S
 Z D L U C W F Z L M U K S E K
 C A K C G T H T T I C R N W B
 G J X S G R A V Y I E Q I S T

Leah's Ala Carte

Cranberry Pumpkin Nut Bread

1 cup solid packed pumpkin
 ¾ cup granulated sugar
 ½ cup packed brown sugar
 2 eggs
 1/3 cup vegetable oil
 2 cups all-purpose flour
 1 tbs, pumpkin pie spice
 1 tsp. baking powder
 ½ tsp. baking soda
 ¼ tsp. salt
 1 cup chopped dried cranberries
 ¾ cup chopped macadamia nuts, toasted.
 Preheat oven to 350 degrees. Spray 9x5 loaf pan with nonstick cooking spray. Combine pumpkin, sugars, spice, baking powder, baking soda, and salt just until blended. Stir in cranberries and nuts. Pour batter into prepared loaf pan. Bake 35-40 minutes or until toothpick inserted comes out clean.

Meetings & Inservices

11/5- Licensed Staff Meeting
 1:30pm and 3:30pm

 11/6- C.N.A. Meeting
 6am, 1:30pm, 3:30pm

 11/10- Mandatory General
 Inservices/Dementia Training
 10am to 5pm

 11/18- Quality of Life Meeting- 1pm

 11/ – Safety Meeting- 1pm

